

ACT RESCUE AND FOSTER

CHINWAG

SPRING 2017



VET NURSING

YARRALUMLA
DREAMING

CANBERRA'S
PET AMBOS

REHOMING
YOUR DOG

FIVE WAYS TO
RECOGNISE PAIN



ACT RESCUE & FOSTER



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2018 Calendars are available at all ARF stalls,
the ARF website or please email us for north/south-side
sales points at calendars@fosterdogs.org

ABOUT ARF

ARF is an incorporated association of people in the ACT and surrounding NSW region who rescue dogs from euthanasia and foster them in their own homes for as long as it takes to find them loving permanent homes. All dogs are de-sexed, vaccinated, wormed and micro-chipped before going to their new homes.

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COVER: NAPOLEON

Napoleon, a 5 year old Cavalier/Beagle cross who came into care on 20 June 2017, and is now living the high life in his forever home

If you are looking for your new best friend check our available dogs at fosterdogs.org/available-dogs-gallery

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FROM THE PRESIDENT

Pet ambulances, how to recognise pain in your dog, and the joys and challenges of being a vet nurse; these and many other great sources of information for you in this spring issue of *ChinWag*.

ARF was the chosen charity at a recent Raiders game in Canberra, which meant a brave team of

our volunteers standing at the gates with buckets in hand to collect gold coins on a freezing winter night in Canberra. Braving the elements to support our beautiful dogs is our core business and we do it gladly.

We see ourselves as very much a part of the Canberra Region community, so we've decided to give some of our donations from the Raiders game to another very worthy community organisation, Rainbow Paws, which pulls out all stops to provide assistance for vulnerable companion animals within the Canberra community. Check out their work at rainbowpaws.org

ARF sprang into spring with two great events. Our Trivia Night on 9 September which was attended by over 200 people and raised \$9,000 for the dogs, and our 2018 Calendar Launch on Sunday 17 September at Brodburger Kingston. Our thanks to Amanda Whitley from HerCanberra for launching the calendar, to Brodburger and BrodDogs for their great support, and to all photographers and volunteers who generously gave their time to help make our calendar a huge success. Calendars are now available online from our website, and at our stalls and events, and still only \$10 each. Check our events page for more happenings.

Have a sensational spring season!

Wendy Parsons

President, ACT Rescue and Foster



WE WELCOME COMMENT AND FEEDBACK ON *CHINWAG* INCLUDING SUBMISSION OF ORIGINAL ARTICLES, ADOPTION UPDATES, AND BOOK RECOMMENDATIONS.

CONTACT OUR EDITOR AT: CHINWAG@FOSTERDOGS.ORG

LIFE-SAVING MOOSE AT LARGE IN CANBERRA

CANBERRA'S PET AMBOS

BY IAN WARDEN



Moose, the moose-sized (but very affectionate) Rottweiler cross, eavesdropped attentively as I interviewed his owners Jarrod and Claudia Male at their home in Canberra's Belconnen. The Males, a married couple and both of them veterinary nurses, operate an innovative animal ambulance that may be almost the only one of its kind in Australia.

No wonder Moose's ears twitched as we discussed the Male's Pet Ambulance Services business. One of the two white, gleaming, Mercedes ambulances (former orthodox human-patient ambulances now artfully refitted to carry animals) is named in his honour. It bears the name The Moose on its bonnet. Then, too, as Moose listened to us, there was mention of a "50-kilo dog". Moose may have thought we were talking about him. But in fact his owners were describing for me an example of the kind of urgent, critical care work they may do.

Dog lovers! Imagine this nightmare! It's late on New Year's Eve and your 50-kilo dog (let's call him Tony) has collapsed in your backyard. You've had a couple of drinks and aren't drive him yourself to the Canberra Animal Referral Centre and Emergency Vet Service in Fyshwick. And anyway Tony is huge—there's no way you can lift the darling brute into your car.

So in a critical care case like that, Jarrod explains, he and Claudia are summoned. They beetle across town in The Moose. They expertly manoeuvre Tony on to a stretcher and slide him into the ambulance's sturdy, purpose built animal cage. Then, probably with Jarrod driving and with Claudia monitoring and ministering to Tony they zoom to the emergency centre in Fyshwick. The ambulance carries oxygen should Tony need help with his breathing. In the event of his cardiac arrest Claudia may even give him mouth to nose (her mouth, Tony's nose) CPR. Claudia laughed as she told me this, seeing me shudder a little at the vivid mental picture of her carrying out this unhygienic but life-saving procedure.

Most of the ambulance work the Males do is not as dramatic as that; although they told me of several hair-raising emergencies they've attended to. So for example when a dog is bitten by a snake or a tick its owners will hurry it to a local vet. Then, Jarrod and Claudia will come and get it to whisk it to Fyshwick. The oxygen-carrying ambulance is equipped to assist snake-bitten or tick-bitten animals to breathe on the journey to the respirator-equipped facility at Fyshwick.

Lots of Jarrod's ambulance work is scarcely hair-raising at all and involves routinely taking animals to and from veterinary clinics for routine visits. This serves clients unable themselves to drive their creatures anywhere.

Jarrod first thought of a service like this some 10 years ago when he was working as a nurse at the emergency service. "I'd known clients ringing me of an evening saying 'We can't possibly get there, is there any way you

can come to us?'" That sort of thing.

"We were also handing pets back to the clients in the morning, saying 'Here you go, take it to your regular vet clinic' when the animal might have some breathing struggles. Those poor people. Those poor pets. I found that pretty ordinary and so I said 'Right, maybe there's something I can do.' I set up a very basic version of the ambulance [by equipping a station wagon] and started providing the service."

The Male's pet ambulance service seems to be almost unique in Australia. Yet there is such a need for it in and around Canberra and our region (they have transported animals to and from Sydney for specialist attention and have zoomed to such places as Wagga-Wagga, Goulburn, Yass, Cooma, Jindabyne and snake-infested Bungendore) that a second ambulance is soon to join the service. Once an orthodox ambulance for humans, it waits in the Belconnen driveway as it undergoes its elaborate \$20,000 refit.

The Male's Pet Ambulance Services is a business, but in conversation Jarrod and Claudia radiate a sincere fondness for animals. This is just as well when your job may require you to give them mouth to nose CPR.

Theirs is fulfilling work. One of the hair-raising stories Jarrod and Claudia told me in shocking, grisly detail (with Moose and I flinching) was a recent case of a Bull Arab dog mangled by a Canberra car and struggling in agony in a suburban park. "It was awful," Jarrod remembered. "But we got him muzzled and stabilised and took him to the hospital. He's had surgery, and now he's doing really well!" both of them rejoiced together; transparently glad to have been able to do some expert Good on behalf of one of man's best friends.

Jarrod and Claudia Male's Pet Ambulance Services is on Facebook and has a website www.petambo.net.au

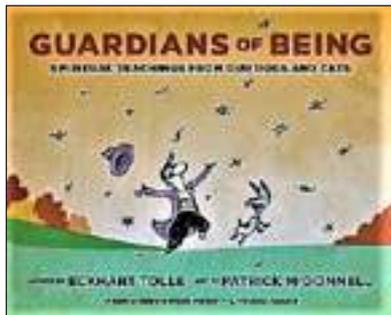


BOOK REVIEWS

BY AINE DOWLING

In this issue we're reviewing books that are slightly different including comic strips, cartoons, and a little bit of thought provoking reverence. Not the sort of books you read from cover to cover, but can dip into as the mood takes you, and when you might need to put a smile on your face.

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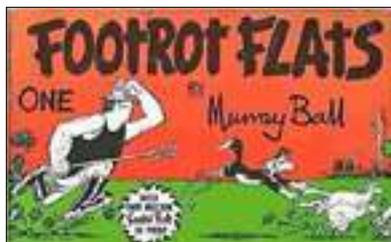


GUARDIANS OF BEING

“Dogs emanate a goodness that people respond to. One of the joys of walking your dog is that often people come up to you and immediately their hearts open. They are not interested in you, of course. They want to pat your dog.” *Guardians of Being* is a delightful little book about how dogs (and cats) spread the love, without any effort at all. They're teaching us about just being, rather than always doing, and about getting back in contact with the natural world, which includes them, of course. “The vital function that pets fulfil in this world hasn't been fully recognised. They keep millions of people sane.”

And the illustration for this one shows, with only a few brush strokes, a sad man being led through city streets by his dog who is saying just one word; ‘Heal’. Tolle's writing and McDonnell's cartoon illustrations are in perfect harmony. ARF gets a couple of mentions in dog conversations too! *Guardians of Being* by Eckhart Tolle with illustrations by Patrick McDonnell. Published by New World Library, and available in hard cover, paperback, and eBook. Review by Wendy Parsons.

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FOOTROT FLATS

Who hasn't heard of *Footrot Flats*—the delightful cartoons of farmer Wal Footrot and The Dog (whose name we never knew), and first published in 1976. Murray Ball based the cartoon on his own working dog and his adventures around the farm, and The Dog also had alter egos including The Grey Ghost, and The Iron Paw. With gentle humour and simple drawings, the books became immensely popular and the cartoon was eventually made into a film in 1986 featuring the voice of the late John Clarke as Wal, and music including the chart-topping theme tune *Slice of Heaven*, by Dave Dobbyn. Murray Ball passed away in March 2017 aged 78. The series of *Footrot Flats* books are available online from Amazon or through a number of publishers.

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MUTTS

Mutts started out as a daily comic strip by Patrick McDonnell. Along the lines of *Peanuts*, the comic is about relationships—this time between Earl (the dog) and Mooch (the cat), and how they interact with each other, their humans, and their environment. Earl is a typical dog who loves his humans and plays outside, while Mooch is the quintessential cat—indifferent to most humans except at feeding time, and prefers to be inside in the warmest spot in the house. Occasionally, McDonnell will devote the strip to animal welfare issues, especially the adoption of pets from shelters.

The series of *Mutts* books is published by Andrew McPeel Publishing, and available from Amazon.

WHY BE A VET NURSE?

BY KAREN GARRETY

Hello, my name is Karen and I'm studying to be a Veterinary Nurse through Open Colleges. My work placement is with the Weston Woden Animal Hospital and I'm currently one of nine Veterinary Nurses (a mixture of qualified, trainees, part-time and full-time employees) who work at the clinic.

I've had a love for animals as far as I can remember and my family have always had pets ranging from dogs, cats, horses, rabbits, birds and fish! Studying to be a Veterinary Nurse is exciting because you get to work up close and personal with all different types of animals. No animal is the same; every animal is different and has its own personality, and each day we face a new challenge.

Veterinary nursing is not all 'fluffy puppies and kittens', however the rewards we gain far outweigh the sadness and disappointment we can feel at times. We take the good with the sad and the vomit with the tail wag and prepare for the day ahead.

We have animals who are hospital patients needing extra love, care, attention and lots of dedication; animals who are boarders who need love, care, feeding, walking, grooming and playtime, and other animals who simply require a check-up, vaccinations, or nails clipped and fur snipped.

Our mornings start as soon as we walk in the door. A Veterinary Nurse has many roles to play including triaging emergencies, administering medication to hospital patients and managing reception duties. We are also surgical assistants, anaesthetists and dental technicians. Our work doesn't stop there; we dodge cat swipes and dog bites, analyse urine samples, set up intravenous drips, draw blood and scrub surgical instruments.

We provide nutrition and behaviour advice as well as discussing preventative care such as vaccinations.

It's also an absolute pleasure to deal with all the wonderful animal lovers with whom we interact each and every day; those who have chosen to have an animal in their lives as a pet and member of the family, and those organisations who have dedicated volunteers that rescue animals and foster them temporarily for as long as it takes to find them their fur-ever home.

All animals deserve to live a long, healthy and happy life.



Me and Rhodee at the south coast, Feb 2017

GRAPHIC DESIGNER WANTED

ARF is seeking a new volunteer graphic designer to take over the layout of our fab glossy magazine *ChinWag*.

If you are an experienced graphic designer used to working in Adobe InDesign and Photoshop; have experience in laying out long text heavy documents with images, can liaise with our printers, love dogs, and would like to be part of the terrific *ChinWag* team—contact our editor at chinwag@fosterdogs.org for more information. This is a work from home position.

WHAT'S YOUR BREED?

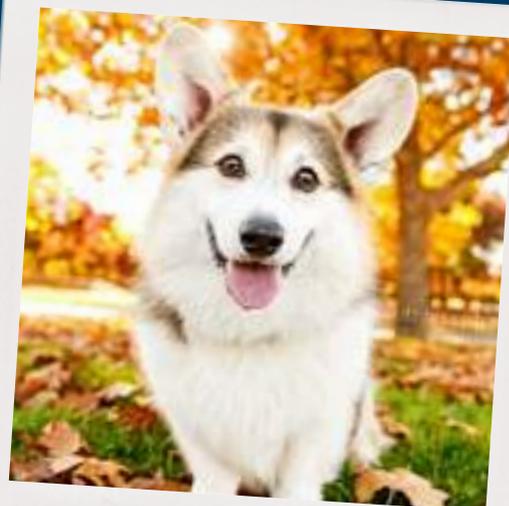
What's Your Breed? covers some of the more popular dogs in Australia in each issue of *ChinWag*. It goes without saying, but we'll say it anyway ... that all dogs need responsible owners that undertake, at least, basic training, and provide plenty of exercise including a daily walk.

WELSH CORGI (PEMBROKE AND CARDIGAN)

Much beloved by some members of the British Royal family, the Welsh Corgi is highly intelligent, loyal, able and willing to please its owner. Corgis are extremely active and are good with children as long as the dog sees humans as above him in the pack. They need their humans to have a consistent loving approach and to show firm but calm leadership to avoid over-protectiveness and possible nipping in later life. The Corgi is a good watchdog but can be a bit of a barker and may show signs of dominance, and owners need to ensure that the dog is well trained and socialised from an early age to eliminate any development of small-dog syndrome. The adult Corgi will grow to around 30cm, and weigh in around 14kg.

There are some minor differences in appearance between the Pembroke and Cardigan Corgis, but temperament is much the same.

Image: Pembroke Corgi Albert is owned by ARF volunteers Harold and Emma. Photo by Ruthless Photos.



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WHIPPET

The Whippet is intelligent, affectionate, sweet and docile, and this devoted companion is quiet and calm in the home and makes an excellent companion. The Whippet is extremely sensitive, both physically and mentally, and should never be roughly trained. These dogs are good with children of all ages as long as the children do not rough-house or tease the dog. Training should be confident and consistent. Like their bigger relative, the Greyhound, the Whippet has a high prey drive and needs to be watched closely around smaller 'pocket pets' and cats, however, if the dog is raised with a cat within the family they can become firm friends.

The Whippet is unsurpassed by any other breed in its ability to accelerate to top speed and to twist and turn with matchless dexterity. The Whippet will reach a height of around 55cm and a weight of approximately 21kg.

Image: ARFer Archie came into ARF care in June 2017.



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NEWFOUNDLAND

Make no mistake; this dog is massive! Initially bred for the fishermen of the Dominion of Newfoundland (now part of Canada), they are known for their size, intelligence, strength, and loyalty. They have a very calm and gentle disposition and are excellent swimmers. They rarely bark, but are protective and brave when they need to be, and are smart enough to know who is a threat to the pack and who is not. The Newfoundland usually gets along with other dogs, but should be well socialised and may be slightly difficult to train. Training must be persistent, and conducted in a calm, consistent, and balanced manner. Learning to walk nicely on a lead is prime importance considering their strength and size, and teaching them polite manners, such as not jumping, is essential. Depending on gender, the adult Newfoundland will reach between 69 and 74cm, and a weight of 54 – 68kg. Image sourced: Black and white Newfoundland puppy.



FIVE WAYS TO RECOGNISE YOUR DOG IS IN PAIN.

BY FAITH COURTNEY—REPRINTED FROM DOGLETTER.COM

1

PANTING

Most dogs pant heavily when experiencing pain. However, it's not always easy to differentiate normal panting from that caused from pain because it's quite normal for dogs to pant.

However, he should not pant at odd times such as in the middle of the night. If you notice anything unusual, seek the assistance of your vet as soon as possible.

2

AGGRESSIVE BEHAVIOUR

When most dogs get hurt, they may develop a protection mode and thus become antisocial. If your dog becomes aggressive all of a sudden, it is imperative to consider it as an outcome of possible pain.

Note that a dog who is usually friendly can start growling, try to bite, or seek more attention than usual. If you notice these signs, call your vet immediately to help you check him for pain and offer the necessary treatment.

3

LICKING A LOCALISED AREA

If you notice your dog tending to a particular area excessively, then he could be hurting. Whenever dogs are injured, their first instinct is usually cleaning the wound by licking it.

You also realise that dogs will even lick those parts that have internal injuries in a bid to fix the problem. If you notice excessive self-grooming by your dog, try to inspect the area, or better, seek the help of a vet.

4

LOSS OF APPETITE

A hurting dog is less likely to eat since discomfort causes a lack of appetite. Oral pain is one of the causes of loss of appetite among dogs. The other one is leg injuries which make getting to the food bowl quite a hassle.

Injured dogs spend most of their time sleeping trying to heal, and thus eat less. Loss of appetite could mean different types of hazardous diseases, and hence, the best thing you can do for your dog is to seek the attention of your vet immediately.

5

CHANGE IN BEHAVIOUR

Some visible signs will tell you that your dog is in pain. For example, you may find your dog lying flat on his side instead of curling up in his bed. You may also realise that he has become slower at moving around and showing little or no interest.

Some dogs will start getting involved in unexplained accidents in the house, or messing in their bed rather than properly squatting to defecate or urinate. The most noticeable sign is probably limping, but you should also check for arched backs as well as stiffness.

WHERE ARE

COMPILED BY LAUREN CANELLIS

ROXY

After spending almost a year in ARF foster care (thanks Joh!), I had a meet and greet with Roxy (a Staffy cross) in October 2016. She was larger than I expected from the photos but I quickly fell in love and the rest is history as they say. My life is definitely better for sharing it with this gorgeous girl. Share being the key word, as she's keen to share my food, long walks, car trips, the lounge and even the bed!

There are definitely two sides to her; a cheeky, playful pup that loves a game of ball, tug of war or a swim in the lake, and a 28kg attentive lap dog that will do anything for pats, tummy scratches or to give you a kiss. This combo means that everyone who meets her, including those who claim not to be dog lovers, are easily smitten. She's also great with kids, which is lucky as my four nephews think she's the bee's knees.

Seven months on we're still working on her training and socialisation with other dogs, but I don't mind the challenge (and ARF were completely upfront from the outset, even bringing a tester dog when I met her). I can't wait to see what the future holds with Roxy Roo. As they say, whoever said diamonds are a girl's best friend obviously never owned a dog!



SAM THE MAN

Nerida and Ellen took Sam to the ARF Christmas Party in 2007 in his Adopt Me jacket, and we brought him home on 6 December. The first few days he was a little shy, but then ... very active tail wags which have persisted ever since!

Sam has two walks each day and a car ride when we do our ARF work. Every Wednesday he shares his walk with Jack who lives nearby, and his other friends include a Rottweiler and a Dalmatian, plus many other friends including the dogs we mind, fosters, and regular visitors and good friends Maggie and Jack. He has also been wonderful with other foster dogs we have had over the years, showing them the house rules and he became firm friends with our last foster Crystal, whom we also adopted.

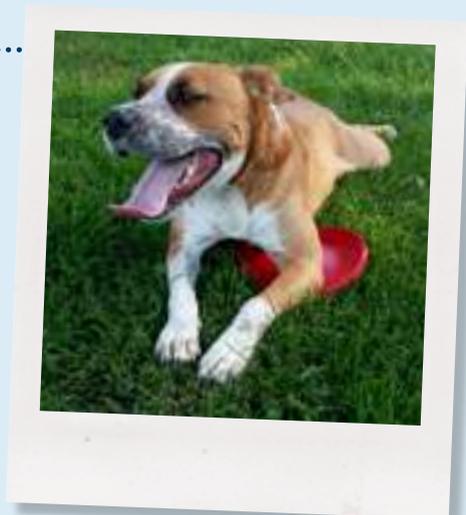
He absolutely loves his visits to Pups4Fun sometimes for day-care, and sometimes for a groom and bath. He's the perfect dog who loves to snuggle up and watch TV from one of his favourite 'nests' which are all over the house.

STIX

(formerly known as Stirling)

When Stix is not glued to my side, he's playing patiently with the kids, chasing birds out of the orchard, or playing fetch endlessly with whoever volunteers to throw the ball or Frisbee. He had a very good level of training and socialisation when he came to us, which we have been building on, and he's now even helping my young niece to overcome her extreme fear of dogs.

Stix is my constant companion, always ready for a run, a cuddle, or just a snooze at my feet. He just loves life, whatever it brings. Stix is our perfect match, and we are so grateful to ARF and Courtney for rescuing this beautiful dog so we can include him in our lives.



THEY NOW?

HARRY

Put simply, we've done our best to give him the best doggy life possible. It's hard to imagine this sensitive, loving and unique personality spent time in the pound before being rescued by ARF.

He was a Xmas present from my wife. I had wanted a dog and when I saw his profile I knew he was my mate.

So he came home with us on Xmas eve. It took a little while for his cheeky character to emerge, but he's one of a kind. Very chatty, you're in no doubt about his opinion, of which he has many, and he likes what he likes. We had a DNA test done but they couldn't work him out. I reckon there's a bit of every single terrier in him, and he wears his tail like a musketeer's plume.

Very much a gentleman, he'll always come over for a cuddle to say thanks after dinner and we take him pretty much anywhere. I worked in Melbourne for a couple of years whilst my wife had to stay in Canberra. So Harry would shuttle back and forth on the plane, once travelling with monkeys from the zoo which he thought most bemusing.

He would come to work with me at the gallery, and was a hit at Friday night drinks there with the young ladies - I'd just let him work the room and make friends. In fact the only two times he's wandered off in all the time we've had him he's ended up being brought home by some pretty girls! My flat mate in Melbourne would abduct him for a ride in her convertible which he thought most excellent fun.

Harry's been in an animated movie commercial and been a model for an award winning portrait. He also featured in a book on Canberra dogs by a local photographer. We've travelled to lots of places around Australia staying at dog friendly places, like around Tasmania, and we've met the best people as a result. I suspect he goes through life like a supermodel, thinking the whole show is just for him- everyone being so nice, the food so good, the beds so comfy.

We've done our best to be pioneers knowing his good manners would make it possible for other dogs to follow, so we were to first to bring a dog to the National Gallery of Australia sculpture park drinks, where he made the social pages, and naturally only go to those cafes and bars which welcome dogs. In the evening, when it's 'aperitivo', time for a wine or cocktail, he'll take himself to his cushion and wait for 'Harry-tivo' and the odd cracker that might come his way.

He's missing a few teeth of late, giving him a roguish grin, but he's in fine form, and there's not a day that passes we don't thank ARF that he came into our life, the three of us are family.



TIGGER

It has been a year since we adopted Tigger (formally known as Coyote) from her foster mum Mel on 2 July 2016. After a few months of having an anxious and apprehensive dog, Tigger settled in beautifully and is now such a joyful addition to our family. He now loves playing fetch, going to the beach and learning new tricks. He is such a happy dog and we are so thankful to have him in our lives.

My husband and I would like to thank you for providing what we consider to be a really important service and helping to match us with Tigger.

HAVE YOU ADOPTED AN ARFER?

Where are they now? is about ex-ARFers who have been adopted into their forever homes. We plan for this section to be a regular inclusion in ChinWag and would love to hear from ARF owners wherever you are—in Australia or overseas—to let us know how your new best friend is getting on. They could have been adopted last month or some years ago—we don't mind! Send your update and pics to chinwag@fosterdogs.org

EVENTS AND HAPPENINGS

ARF FLORAL DISPLAY LAUNCH CITY HILL, SUNDAY 25 JUNE.

We were delighted to welcome Gai Brodtmann, Federal Member for Canberra; Tara Cheyne, MLA Member for Ginninderra, and two DAS representatives—Sean and Eva (complete with dogs) to our Floral Display launch on a cold and windy Sunday in June. Lots of cuddles, kisses, and fun with many ARFers and ex-ARF dogs in attendance, including 10 week old pups Bungee and Flex. Our thanks to Transport Canberra and City Services gardeners who produced the fabulous image located on City Hill at the Northbourne Avenue end of Vernon Circle.



Harold with puppy Flex



Tara Cheyne and Gai Brodtmann getting up close with puppy Bungee and DAS dog

IT'S EASY BEING GREEN! ARF AT THE RAIDERS

ARF was the Canberra Raiders chosen charity on Friday 14 July when the Raiders played the Dragons. We raised a total of \$2,082 including donations, tuggy sales, and the corporate box auction. Thanks to all helpers and dogs—all of whom were rugged up against the cold and damp, and a special thanks to all those involved in the project including Canberra Raiders, video makers, and community media. To cap off a great night, the Raiders won!



Image: Dave showing off his Raiders colour



Image: Penny (and ARF collectors) meets Victor the Viking

QUEANBEYAN CHRISTMAS IN JULY

It was another successful Christmas in July at the Queanbeyan Showground on Sunday 30 July, with lots of enquiries about the dogs and how people could go about fostering. Total funds raised on the day, including donations, sales, and Santa photos, were a fantastic \$557! Santa was awesome and Harold received a lovely drawing from a small admirer. Thanks to all helpers on the day including Santa (Harold) and elf (Emma), and our Star Wars invader (Tony).



UPCOMING EVENTS

If you would like to help at ARF events please contact communication@fosterdogs.org

To help on market stalls, fetes, and regional country shows, please contact our stall organiser extraordinaire Carol Anderson at carolanderson@grapevine.com.au

21 – 22 October

Murrumbateman Field Days, Barton
Highway Murrumbateman

5 November

Hall Markets, Hall Showground

3 December

Hall Markets, Hall Showground



RECENTLY ADOPTED

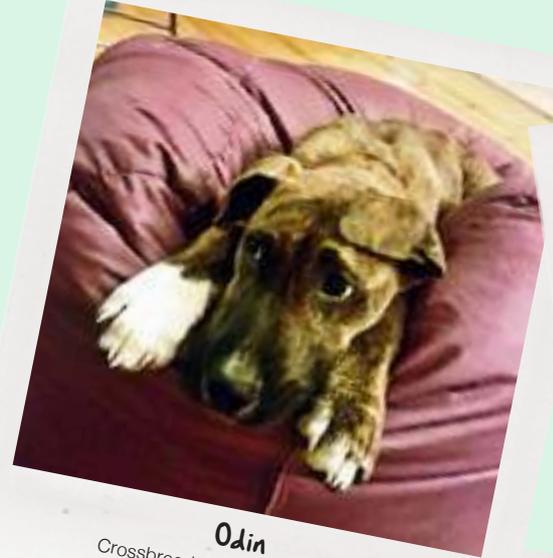
COMPILED BY JOH DUNNE

ARF has a variety of dogs currently in care from young pups to oldies. If you are interested in adopting an ARF dog please go to fosterdogs.org/available-dogs-gallery and contact the carer directly. If you would like to become a foster carer for ARF please contact info@fosterdogs.org. We also work closely with other rescue groups and pounds in the Canberra region and NSW, so if you're after a particular breed/size or age of dog please complete a Dog Wanted form from our website and we may be able to assist you in your search.



Cruz

Ibizan Hound | DOB 21 March 2017
Rescued: 20 April 2017 | Adopted: 19 May 2017



Odin

Crossbreed, Dane mix | 16 weeks
Rescued: 8 May 2017



Mika

Ibizan Hound | DOB 21 March 2017
Rescued: 20 April 2017 | Adopted: 11 May 2017



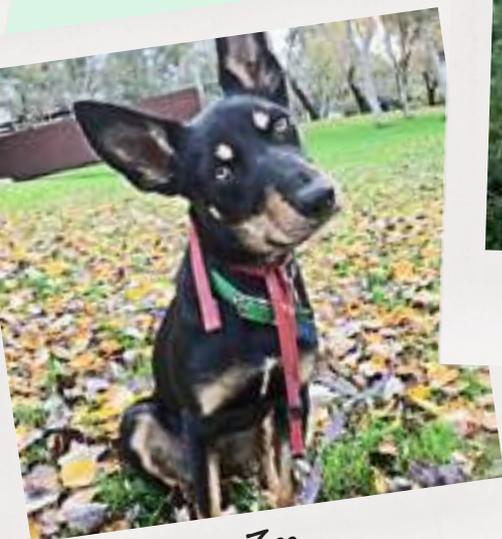
Goat (Now Moose)

Kelpie mix | DOB 2 Feb 2017
Rescued: 30 March 2017 | Adopted: 6 May 2017



Nico

Pug mix | 6 months approx
Rescued: 16 May 2017 | Adopted: 27 May 2017



Zoo

Kelpie mix | about 8 months
Rescued: 11 March 2017 | Adopted: 23 June 2017



Shyla

Kelpie mix | About 9 months
Rescued: 8 May 2017 | Adopted: 28 May 2017



Tuppence

Goulburn gorgeous girl | about 12 months
Rescued: 14 October 2016 | Adopted: 16 June 2017



Betty and Rosie

Fluffster | 18 months and 4 years
Rescued: 12 May 2017 | Adopted: 1 June 2017



Jasmine

mixed breed | 12 months approx
Rescued: 16 February 2017 | Adopted: 3 May 2017



Hank

Canberra Canine crossbreed | about 9 to 12 months
Rescued: 24 April 2017 | Adopted: 22 May 2017

RECENTLY ADOPTED (CONT.)



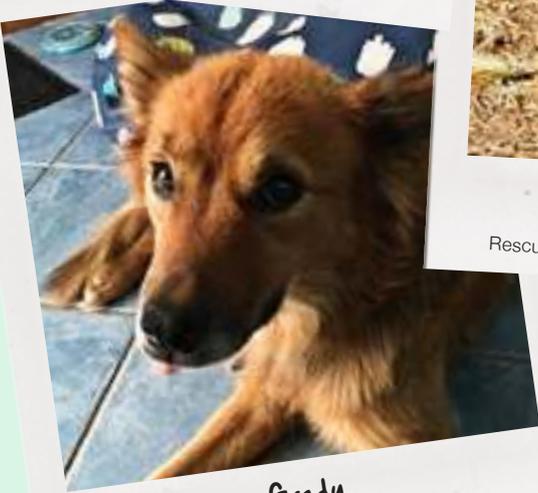
Wednesday (now Jay)
Cattle dog Kelpie mix | about 2 years
Rescued: 13 April 2017 | Adopted: 18 June 2017



Hazel
Rottweiler mix | 3 years
Rescued: 9 February 2017 | Adopted: 13 May 2017



Marla
Pitbull mix | about 3 years
Rescued: 15 April 2017 | Adopted: 29 April 2017



Grady
Ginger crossbreed | 2 years approx
Rescued: 20 April 2017 | Adopted: 5 May 2017



Danny
Boxer | 4 years
Rescued: 29 December 2016 | Adopted: 30 April 2017



Betty

Australian Bulldog mix | 5 and half years
Rescued: 28 December 2016 | Adopted: 29 April 2017



Katy

Terrier mix | 11 years
Rescued: 12 June 2017 | Adopted: 9 July 2017



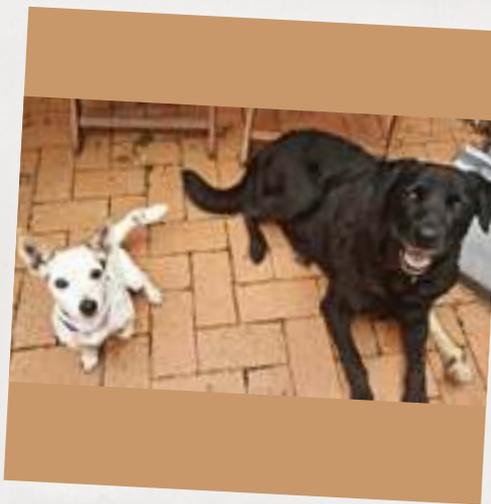
Sally

Maltese mix | 13 years 8 months
Rescued: 13 April 2017 | Adopted: 7 May 2017



Duke

Staffy | 6 to 8 years
Rescued: 22 May 2017 | Adopted: 13 July 2017



Bud and Karma

Interesting assortments | about 11 years
Rescued: 21 January 2017 | Adopted: 10 June 2017

YARRALUMLA DREAMING

BY CANBERRA DOG WALKS

Looking for a new dog walk? Like to try somewhere a bit different with great scenery, off-leash options, a nice café, and that's family friendly as well?

One of my favourite dog walks is through Weston Park, Yarralumla. Until recently, dogs weren't allowed in Weston Park. But since the ACT Government review of dog exercise areas last year, dogs are allowed on-leash throughout the park, with only a few well sign-posted exceptions (the main swimming beach, powered barbecue sites, and on playgrounds when kids are using them).

This beautiful walk has it all! It reminds me—as a long time Canberra local—just why I love living here so much and why we Canberrans are so lucky. The route follows a wide, fairly flat and well-maintained path meandering around the outer edge of the Weston Park peninsula. There's plenty of space to navigate a dog or two on leash, plus other human family members and even a pram. You'll pass under beautiful mature native and exotic trees, and Lake Burley Griffin is nearly always in sight. There are lovely views across the water and beyond to the city and Black Mountain.

Along the way, it's highly likely you'll come across one or more mobs of kangaroos grazing unconcerned in the grassy clearings. You can get quite close before they casually hop away. The kangaroos don't seem to mind on leash dogs, but make sure your dog can't slip its collar.

Close to the path is an interesting and thought-provoking sculpture commemorating the refugees who died on the SIEV X boat in 2001. And if you have children with you, you may have to give in to their pleas to play on the many and varied playgrounds just off the path after the half-way point. The path also passes numerous inviting picnic tables, handy if you'd like a break, as well as several (clean) public toilets. There's also a dog swimming beach around half way along (well past the human's beach) where your dog might like a cooling paddle if it's a hot day.

Towards the end of the walk, you pass through the English Garden, planted in the 1960s by the then assistant manager of the Government nursery. It features many azaleas and rhododendrons so it's a must see in late winter/early summer. Adjacent to this garden is a dog friendly cafe, the Oaks Brasserie (www.ygob.com.au), which has several inviting outdoor tables nestled under the trees. The Brasserie is open every day except Mondays,

and parking is shared with the Yarralumla Nursery.

It takes around an hour to complete the walk, including some dawdling time, but it could take longer if distracted with children (i.e. those playgrounds!). On a week day out of school holidays you will have the park almost to yourself. I always start and end my walk at the Yarralumla Dog Park, where there is easy parking and you can give your dog the opportunity to play off-leash and socialise with other dogs. If dog parks are a bit too intense, but you'd still like to give your dog an off-leash run, the safe and expansive (off-leash) Forestry Oval is only five minutes' walk up Banks Street and then right into Wilf Crane Crescent.

There's also another off-leash swimming area very close to the dog park, adjacent to Brown Street, if your dog would like a proper swim after all that excitement. Free directions and a google map for this great walk are available at www.canberradogwalks.com.au/pram-friendly-walk-yarralumla

Ideas for lots more dog friendly walks in beautiful areas of Canberra can be found at www.canberradogwalks.com.au. All our recommended walks feature:

- 🐾 access to off leash areas for your dog to have a run and play
- 🐾 beautiful views, pretty parks and other interesting stuff for humans
- 🐾 (usually) at least one dog friendly cafe
- 🐾 easy access to toilets and bins

All information is free and inspired by a love of Canberra, walking, and dogs.



Spring Safety

Check out the flowers in your garden ...

BEAUTIFUL, BUT DEADLY

Daffodils Tulips Lily
 Hyacinth Gladiolus
 Chrysanthemum
 Iris Hydrangea
 Amaryllis Azalea



PET SAFE ALTERNATIVES

Roses Sunflowers Zinnia
 Petunia Tickseed
 African Violet
 Gerbera Daisy
 Snapdragon
 Alstroemeria (Dogs only)



And add to the bad list Geranium, Daffodil bulbs, Oleander, and Wisteria

... and spring and summer fruits

healthy DOG snacks

Apple (NO seeds)
 Strawberries
 Blueberries
 Lettuce
 Broccoli
 Spinach
 Carrots (avoid oil)
 Beans (no green part or long meat)
 Cucumbers
 Watermelon (seedless)
 Peanut Butter (X-CELLENT)
 Healthy when cooked: Kale, Popcorn (no butter/salt), Sweet Potatoes, Potatoes (or other roots, wash thoroughly)

Beware, NOT safe

Avocado
 Mushrooms
 Pitta Breads
 Tomatoes
 Garlics
 Onions
 Chocolate or Cocoa (ground)
 Raisins or Grapes
 Macadamia Nuts
 Nuts (avoid shell)

avoided by all dogs

THANK YOU FOR REHOMING YOUR DOG

BY SARA REUSCHE Reprinted with kind permission from Paws Abilities Dog Training

I can't always be the person I want to be. But I can try to be the person my dog needs me to be.

This thought hit me as I snuggled Layla the other night. My boyfriend and friends were out, but I'd chosen to remain at home to be with my dog. Layla was struggling with the side effects of some medication changes, and while I knew she would survive if I went out for the evening, I could also tell that it would be very difficult on her. She paced for a while after Matt left, agitated with the stress of the day, but eventually settled to chew on a toy before sighing deeply and drifting off to sleep.

While not common, this scenario has happened a handful of times over the nine years of Layla's life. Just as there are times when I need her to anchor me and help me discover the joy in small things, sometimes she also needs some extra help. And isn't that what a relationship is all about?

Balancing our needs with the needs of those we love is never easy. It's important to remember that dogs are their own selves, as individual as each of us. They have their own likes and dislikes, their own little peculiarities. Their individuality is part of what draws us to them, even as their alien culture sometimes confuses us or sets us at odds. We'll never know what it's like to live in their world of scent, just as they'll never understand the joy of a sunset over a lake. But we can still connect over our shared interests, and that's a pretty biologically amazing thing.



Image: ARFer Atticus waiting for his forever home.

A good number of the training challenges I encounter are due to an imbalance in the human-canine relationship. While some give and take is healthy, when one side pulls more than the other side can bear, problems come to light. Often this is a case where neither party is a good match for the other. Perhaps the human wants an agility dog who will love the excitement and competition of a trial, while the dog just wants to walk in the quiet

suburbs. Or sometimes it's the dog who is pushing, needing more and more physical and mental exercise, while the person just wanted a snuggly companion to relax with on the couch after work. Mismatches like this can learn to live together, but making a better choice of companions in the first place would have saved a lot of heartbreak and frustration on both parts.

But what if you're already stuck in a mismatch? Not all relationships are meant to last, and that's as true for people and dogs as it is for people and other people. It's sad that people are often pressured by guilt into keeping a dog who is a truly awful match for them.

Understand that I'm not saying that dogs can be thrown away or changed like shoes with each new season. However, if you've found yourself in a truly unbalanced match with your dog, I think rehoming that dog can often be a very kind and responsible choice. If your dog will not be able to live happily or safely with you but can do so with someone else, one of the best things you can do for that dog is to help him or her find that perfect match. Living in an unbalanced relationship solely because you've been taught to believe that a dog is a lifetime commitment is at its best selfish, because you're letting your fear of what others think interfere with your dog's right to live in the best home possible for him or her. At its worst, this sort of situation often resembles the most abusive of human relationships, with one party for all intents and purposes held hostage by the other's needs. It's not healthy, and it's a very strong thing to recognise that and take steps to repair it ... even if those steps lead to the rehoming of your dog.



Image: ARFer Gwen settling into foster care.

If you're in the difficult position of considering whether to rehome your dog, it's important to take an honest look at the situation and to do your homework. First of all, honestly explore whether your dog is a safe and suitable candidate for rehoming. If your dog has a bite history or has significant behavioural issues, consult a qualified trainer to get their opinion on whether your dog should be rehomed. Other behavioural issues also deserve a thorough evaluation. Separation anxiety or fear issues can be very difficult to live with and modify, and if you, the person who cares for your dog the most in the entire world, are unable or unwilling to put the effort into solving these issues, what makes you think that someone else who doesn't yet have that bond will do so.

Finally, do your homework. There are lots of rehoming options out there, and it's important to choose the one that will be the best for your dog. If you're rehoming your dog privately, make sure to thoroughly check references and perhaps perform a home visit before giving your dog up to anyone. Be honest about your dog's personality and history, and ask open-ended questions to get a better idea about the sort of home in which your dog will live.

Rehoming a dog is never easy, but if done responsibly it can often be the very kindest option when there's just not a good match between dog and owner. Don't let

anyone tell you otherwise. However, if you do need to rehome your dog for any reason, please be honest to yourself and others about what happened. Make sure to do your homework in the future so that you can make a better match with your next dog.

Layla would have been a horrible match for most families. She's simply not what people usually look for in a pet. She's quick and smart, but also anxious and touch-sensitive. She doesn't tolerate fools (human or canine) and isn't afraid of making a point with her teeth. That said, when I adopted Layla I made the sort of match that most people dream about. Instead of being at odds, our personalities complement each other. We understand one another and work well together. I'm forever grateful to her previous owner for recognising that their relationship was never going to work. By giving Layla up, she gave both Layla and me an amazing gift. She gave us each other.

May every family be so lucky.

Sara Reusche

CBCC-KA CPDT-KSA CVT

Paws Abilities Dog Training, LLC

www.pawsabilitiesmn.com Minnesota

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SPACE ETIQUETTE FOR DOGS

To: People with "Friendly Dogs", Off-Leash Dogs, & Retractable Leash Dogs



NEWSFLASH: Running up to another dog and ignoring requests to go away is not "friendly", it is rude. Just like people, DOGS NEED PERSONAL SPACE. If a stranger came up and put his hand on your body, you'd be allowed to step back, yell, and push him away. Dogs have the same right to enforce their boundaries. Some dogs are called "reactive" because they are more sensitive than others. Reactive dogs are good dogs, they just need more distance and compassionate training. You can help them by honoring their need for personal space.

1. NEVER LET YOUR OFF-LEASH DOG GO UP TO AN ON-LEASH DOG.
2. LOCK RETRACTABLE LEASHES WHEN YOU SEE OTHER DOGS.
3. ASK BEFORE APPROACHING OR PETTING ANY DOG.
4. HAVE COMPASSION FOR PEOPLE WITH SHY OR REACTIVE DOGS.

Please do not chase us. Let us pass without interaction, and keep your judgements to yourself.

Inspired by: notesfromadogwalker.com functionalrewards.com

Lili
doggledrawings.net



ACT RESCUE & FOSTER

RUSTY AT THE RAIDERS!

It was a bitterly cold night on Friday 14 July when ARF was rattling collection buckets as the chosen charity at the Raiders v Dragons game, but ARFer Rusty was snugly warm in his new woolly coat as he showed off his amazing bucket collecting skills.

Rusty is a 5 year old Australian Cattle Dog mix who came into care on 25 June 2017.



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