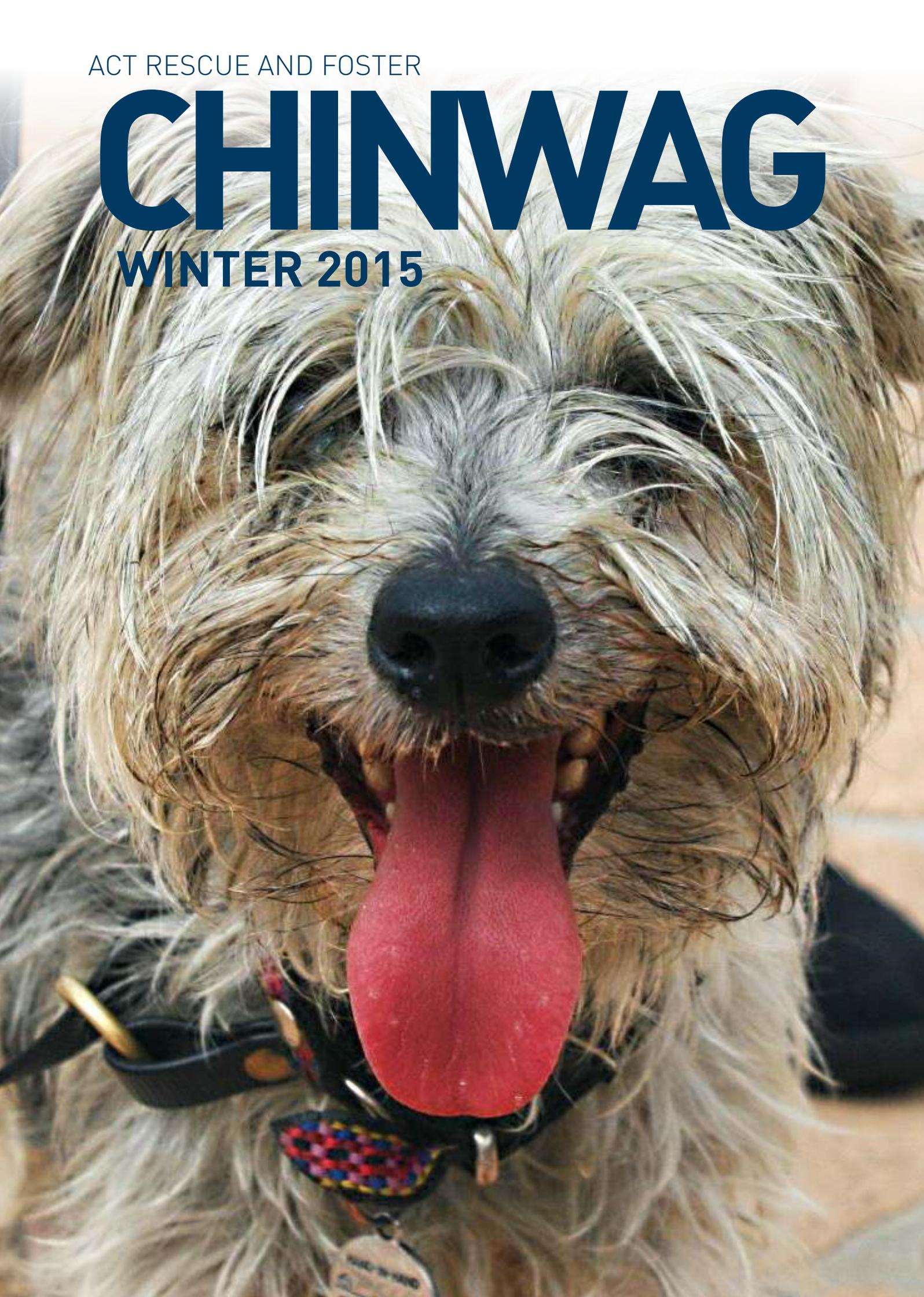


ACT RESCUE AND FOSTER

CHINWAG

WINTER 2015



Hi, I'm Gemma, and I'm modelling my new coat from Café Press.



You can get heaps of ARF stuff on line and donate at the same time. You can get water bottles, bags, clothing, mouse mats and geeky stuff—and a fabulous coat like mine!



Visit www.cafepress.com.au/actrescueandfoster and get your cool ARF stuff today!

ABOUT ARF

ARF is an incorporated association of people in the ACT and surrounding NSW region who rescue dogs from euthanasia and foster them in their own homes for as long as it takes to find them loving permanent homes. All dogs are de-sexed, vaccinated, wormed and micro-chipped before going to their new homes.

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COVER: DARLING DIVA

Diva (now known as Peppa) is ARF dog number 2,500 to be rescued and rehomed since the organisation commenced in 2001.

If you are looking for your new best friend check our available dogs at fosterdogs.org/available-dogs-gallery

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Cover photo—ARF/DAS temp testing

WE WELCOME COMMENT AND FEEDBACK ON *CHINWAG* INCLUDING SUBMISSION OF ORIGINAL ARTICLES, AND BOOK RECOMMENDATIONS.

CONTACT OUR EDITOR AT:
CHINWAG@FOSTERDOGS.ORG

FROM THE PRESIDENT



Into the winter woollies for dogs and humans!

It's been an extraordinary year so far for the number of very young pups and their mums coming into the homes of our superb carers. To

make your heart glad, check out the story of Nerida's pups. What a wonderful foster caring team we have!

And don't miss the story of Shen from Telopea Park School, whose science experiment raised nearly \$500 in donations for ARF.

Information just coming through from our statistics experts shows that we have this month rescued our 2,500th dog since we began in 2001. We'll make that announcement in the media both here in the ACT and in the Wollongong region, which is where Dog No. 2500, Diva, who has reverted to her original name Peppa, is now residing with a very happy owner in Lake Illawarra.

Our 2015 Mother's Day Raffle raised just over \$2700—a great result. Thanks so much to those of you who sold and bought tickets.

Our next big annual event—the 2015 Trivia Night—will be in September and details will go up soon on ARF's Facebook and website.

One of our newest ARF vets, Jana Anderson at Curtin Vet Clinic, will host an Open Day on 31 October where we can showcase our dogs currently in care, in and around her clinic, plus run a stall and BBQ to raise funds.

As always, we really appreciate the support of our members, vets and stakeholders in the Canberra Region.

Wendy Parsons

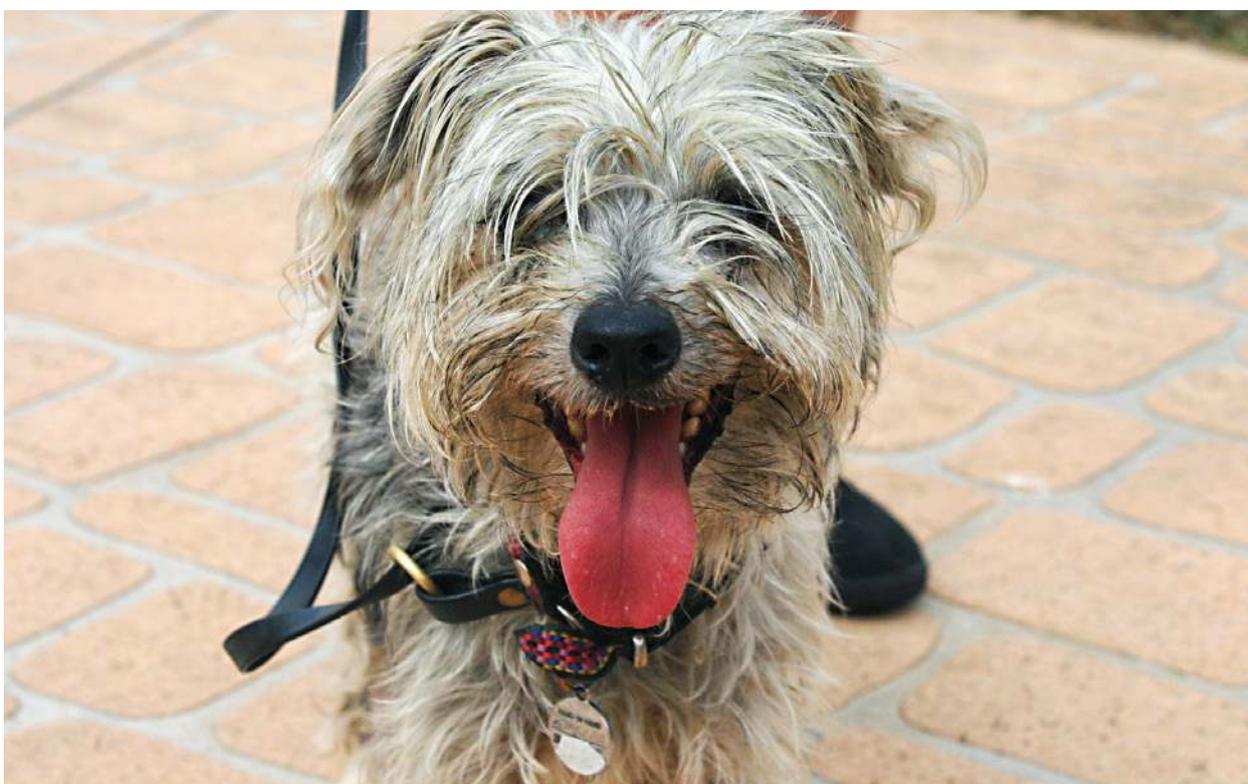
President ACT Rescue and Foster

DARLING DIVA—ARF DOG 2,500!

Our gorgeous cover girl Diva (now known as Peppa); a delightful little terrier, has become ACT Rescue and Foster's 2500th dog rescued and rehomed since the volunteer organisation began in 2001.

Peppa is a 'golden oldie' at 8 years plus, who was rescued by ARF from the pound where she was very shut down and scared. She totally flourished in foster care, helping out on a farm and keeping lots of other foster dogs company. Now in her forever home, Peppa is living a life of luxury at Lake Illawarra with one extremely happy owner who tells us; "she loves cuddles, and her rat toy, and just loves the beach—she even went in the water up to her knees! I feel as if we have been together for years—she is just beautiful. Thank you so much—my house feels like a home again."

ACT Rescue & Foster (ARF) has been rescuing dogs from euthanasia in pounds since 2001.



MOTHER'S DAY RAFFLE RESULTS!

Congratulations to all our winners!

- 1st prize: Wendy, Ticket number 1359
- 2nd prize: Fiona, Ticket number 0883
- 3rd prize: Georgia, Ticket number 0356
- 4th prize: Vicki, Ticket number 1008
- 5th prize: Natalie, Ticket number 0820



ARF TRAINING—WHAT'S IT ALL ABOUT?

BY DALLAS BURKEVICS

In the lead up to Canberra going into hibernation for the winter (and that includes our foster carers) we've had a busy few months with training.

We started with our *Puppy Carers Training Session* where our carers learn all the important things you need to know about raising well balanced puppies. We cover things like Critical Periods, Quarantine, Vaccinations vs Socialisation, and Basic Training and Handling. We were lucky at the time to have all our nine Dachshund pups available plus gorgeous little Ruby, a RADAR pup who joined us for the day. We hold puppy carers training a few times a year to ensure that our pups get the best start in life while in care with us.



The ball pit gets the puppies used to walking on an unstable surface that is constantly moving—and it's great fun!

Next on the training list we had the wonderful Cat Saunders from The K9 Company in Melbourne come to Canberra for ten days to run a few different training sessions. Cat also gave us a full day of temperament test training for free that was a big help to our testers. We talked about what we aim to achieve from the testing and Cat gave us some new ideas for things to try and use in the test which may help some dogs who wouldn't do as well in our current testing process. Through this we have implemented a few changes from which we are seeing great results.

The weekend after our temp test training Cat lined up for two long (very long!) days of seminars titled *Training with Clarity*. During these seminars we learnt a lot about different types of equipment and how they can be used, and a lot about opening our minds to different ways of training and building relationships with our dogs.



We played a game using one marker where a person had to try and work out what we wanted them to do just using this one word. It was amazing to watch how much faster their learning occurred when we added further clarity and how less stressful it was for the person. This was a great teaching experience for us on how we can best communicate with our dogs.

So yes, we will hibernate for a while as far as big training days, but our foster dog training will continue along every day as it always does—albeit with a few more layers on.



Image: Khloe Kardashihound and Devon play in the ball pit

MORE PUPPIES COME INTO ARF!

BY NERIDA WINTERS

On 14 March 2015, seven little bundles of joy were born to Lucy a beautiful Kelpie X. Lucy was on transit from the pound in Mildura to a rescue group in Queensland however she had her pups in Canberra and had to be offloaded as she was no longer able to travel. Lucy and her babes came into ARF care. It was with great sadness that one puppy passed away when she was three days old.

Lucy is an amazing mother and brought her babies up very well, even little Luna who was only a third of the size of her siblings. She may have been tiny but she has a strong, tenacious attitude and didn't let her siblings push her out of anything.

These are the smartest puppies that I have had the opportunity of raising; all learning to sit by the time they were six weeks old and starting to take themselves outside to the bathroom when they could. When Leo had the collar and lead on for the first time he behaved like a professional, heeling and automatically sitting on his first go. Now they are in their new homes, commencing a new phase of their life journey. Good luck little ones!

See more pics of these gorgeous pups in our Recently Adopted section of this issue. Luna was adopted into her forever home on 9 May.

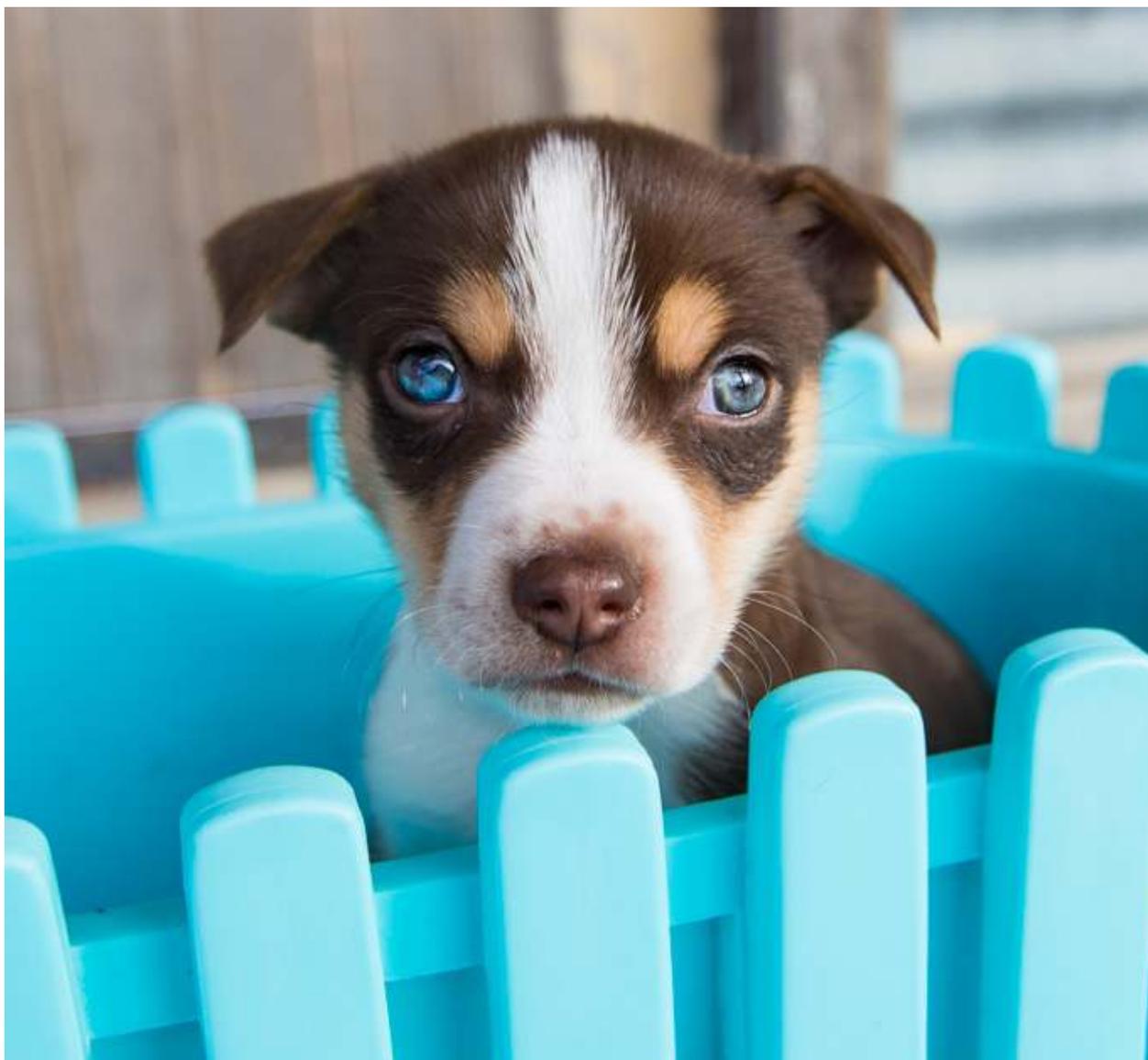
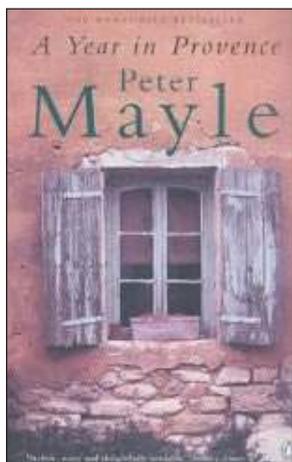


Image: Luna—photography by The Dog Tog

BOOK REVIEWS

BY AINE DOWLING

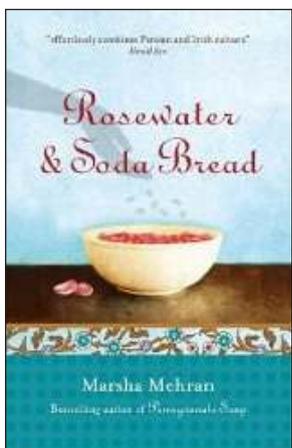
Winter is coming! And it's time to settle down with the heater, the dog and a blankie and enjoy a good book. I've been travelling the world through books lately, and here's a few picks that will take you on a journey to France, Ireland, and Kashmir without moving out of your chair.



A Year in Provence, or if you prefer, *Une Année En Provence*. To be honest I'm more than a bit of a Francophile and this was plucked off my bookshelf (yes, a real book this time!) for a re-read. It's an oldie (originally published in 1989) and journals 12 months of life in Provence while renovating a village maison. Each month is a chapter covering all aspects of renovation; quirky French behaviour—including finding, and working with, the elusive artisans; learning to cook the French way; meeting and getting on with the neighbours, and developing a lavender farm. Some anecdotes are laugh-out-loud funny, but mostly it's a gentle tale of life in rural France by the ex-pat Brit.

A Year in Provence by Peter Mayle, Penguin Books.

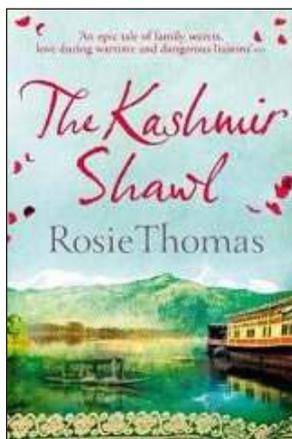
Available in paperback or Kindle. By the same author: *Toujours Provence*, and *Encore Provence*.



Rosewater and Soda Bread is the story of three Iranian sisters who open a café in a tiny Irish village. Where once it was smoky pubs with ale, crisps, and pies; it's now saffron-spiced Persian cuisine of roasted eggplant with hummus, lamb with spicy plums, and cherry tea served in a glass. Both the sisters and the locals have to make adjustments to meet halfway. The book includes traditional Persian and Irish recipes, and covers the fine art of Persian calligraphy.

Rosewater and Soda Bread by Marsha Mehran, Harper Collins.

Available in paperback and Kindle. By the same author: *Pomegranate Soup*.



The Kashmir Shawl follows Mair Ellis who is clearing out her parent's house in Wales and finds a beautiful antique shawl carefully wrapped and protecting a lock of hair—but no-one in the Ellis family has ever been out of Wales, so why do they have the shawl? Mair takes the shawl and leaves Wales to travel to India and from there to Srinagar where she discovers her grandparents were British missionaries during the Second World War. This book is full of colour and life, secrets and lies, and moves seamlessly from the 40s to the present day as Mair learns of her own ancestry as well as the history of Kashmir.

The Kashmir Shawl by Rosie Thomas, Harper Collins.

Available in paperback and Kindle.

ARF SOCIAL SCIENCE EXPERIMENT



A few months ago we were contacted by high-school student Shen Morincome who, as part of a school social sciences experiment, was undertaking a fund raising program and asked if ARF would like to be the recipient of his project.

Under the supervision of his mother Morgan, and with the assistance of ARF President Wendy Parsons, and Stall Organiser Carol Anderson, Shen created a social experiment that could also benefit society. Shen explains. "My idea was to find out what colour people are more attracted to when asked to donate money into a collection box. The results could be useful for non-profit organisations to know which colour people are most attracted to when making a donation." Shen researched our objectives, really liked our work, and decided to use ARF to test theories on how colours influence people in marketing.

Shen designed his collection boxes and set up his stall at three areas across Canberra: Green Square Kingston, The Lawns Manuka, and near the fountain in Civic. After the three fundraising

days Shen advised that his project had raised \$495 for ARF! Results of the experiment including donations and age data are below.

The coloured box that received the most donations overall was BLUE.

- Blue (42 donations)
- Yellow (36 donations)
- Red (26 donations)
- Black (13 donations)

The age group that made the most donations overall was 31 – 50 year olds. Here is the order for amount of donations made per age group overall.

- <19 years (17 donations)
- 19 – 30 (20 donations)
- 31 – 50 (37 donations)
- 51 – 80 (36 donations)
- >80 (8 donations)

We would like to give a huge thank you to Shen for asking us to participate in his experiment, the results of which may be invaluable to non-profit organisation when undertaking fundraising.

An article, including the results of the experiment, also appeared in *The Canberra Times*, Gang Gang Column on 27 April 2015.

DONATIONS



Late last year we received a fabulous donation of \$3,762.15 from the Department of Agriculture, and in March we were delighted to present staff representatives with a Certificate of Appreciation. Each year the Department graduate entrants are required to perform a number of community fundraising events and ARF was honoured to be chosen as a fundraiser recipient!

Graduate representative, Kimberley Sternes (Policy) outlined the process. “Each year we choose our fundraising activities and their recipients, and with a few dog lovers among our staff we decided on ARF,” said Kimberley. “We also wanted to support a local group, and we discovered that ARF is a 100 per cent volunteer organisation, and the work they do is amazing—in fact, we were so inspired that we might even have a couple of people interested in temporary foster caring.”

The photo shoot included Department graduate representatives from Fisheries, Human Resources, Policy, Projects, and Biological Imports, with ARF President Wendy Parsons (with Felix) and foster carer Chloe Haseltine (with Teddy) attending on behalf of ARF.

We would sincerely like to thank the Department of Agriculture and graduate entrants for their generosity and support.



Image top: Representatives from the Department of Agriculture 2014 Graduate Program with Wendy Parsons (and Felix) and Chloe Haseltine (with Teddy)

Image above: Department representatives receive a Certificate of Appreciation from ARF President Wendy Parsons (and Felix).

WINTER WARMERS

BY AINE DOWLING

Winter came early to Canberra this year and even I (with macho, double coated Agouti GSDs) have bought a showerproof coat for the six month old—she now enjoys her walk even on the coldest and dampest of days. A double coat means the dog has a soft, dense undercoat with a coarser, and to some extent weather repellent top coat, and, they shed—a lot. Single coated dogs (listed below) lack the undercoat and wear the equivalent of a light jacket which does little to keep them warm in winter—they may also be lower shedding. So, if you haven't already purchased your dog coat, here are a few tips, types, and styles to choose from.

One major thing to remember when buying a coat for your puppy is that if she is a fast-growing large breed, the gorgeous trendy coat you spent over \$100 on to keep her warm and cosy as a young pup won't fit her a few months down the track. A great tip is to get her measured up at a pet store for a coat that will see her through each winter until she's fully grown—then you can buy the fancy one that will last a few years.

More popular breeds with single coats include the American Staffordshire, Boxer, Chihuahua, Dachshund, Doberman, Great Dane, Greyhound, Maltese, Pointers, Poodle, Staffordshire Bull Terrier, Terriers (not all), Weimaraner (not all), and Whippet. To confirm if your dog has a single or double coat you should check the specific breed standard for that breed.

WATERPROOF COATS

Waterproof coats are ideal for really wet days or dogs that have to be outside for periods of time in inclement weather, and suit all dog breeds regardless of their type of coat. For a single coated dog you can get coats that have a polar fleece, or upmarket sheepskin lining. Of course, the ultimate in waterproof is a Driza-Bone available with cotton flannelette or pure wool lining. The Driza-Bone also comes with a studded pocket on either side of the coat—great for storing treats or poop bags! You can get cheaper 100 per cent oilskin coats but they don't come with the features of the Driza-Bone.

SHOWERPROOF RAINCOATS

These are usually made from nylon with a polar fleece, microfibre or net lining, and are perfect for double coated dogs that may not need the extra warmth but want to stay dry. Some showerproof coats also come with LED stripes that make them ideal for night walking, and some even come with removable hoods. These coats are perfect for damp, drizzly days without the expense of oilskin. Waterproof and showerproof coats also help keep out the icy winds that come straight off the Snowies.



Image: Cleo modelling her Ruff N Rugged showerproof coat

WARM COATS

If your dog is a fashionista you can really go to town on the warm coats. Polar fleece, wool, or fur lined, and tartan, denim, Burberry, faux (or real) appliqued leather, and Trench style outers. There are, literally, hundreds and hundreds of coats available on the internet, and at local pet stores. Be sure you measure your dog up properly before ordering off the internet.

PYJAMAS

A great option for the single coat breeds if you don't leave the heating on at night, or your pooch sleeps in a cooler area of the house or garage. I have friends whose dogs love their jammies, and putting them on signifies bed-time and off they go to their allotted bed or warm spot. There are heaps of jammies, and jammy patterns, available on the internet.



Image: Merlin and Rupert snugly warm in their tartan onesies available from K9cleancoats

KNITTED/POLAR FLEECE COATS AND JUMPERS

These are perfect for indoors for single coated dogs and/or our golden oldies—especially those with a touch of arthritis—whether they're single or double coated. Again, there are hundreds of knitted and polar fleece coats on the internet and in pet stores, or you can get patterns and make your own! Here are few ex-ARFers looking fab in their personalised jumpers!



Image: Oscar barracking for Aussie in his green and gold

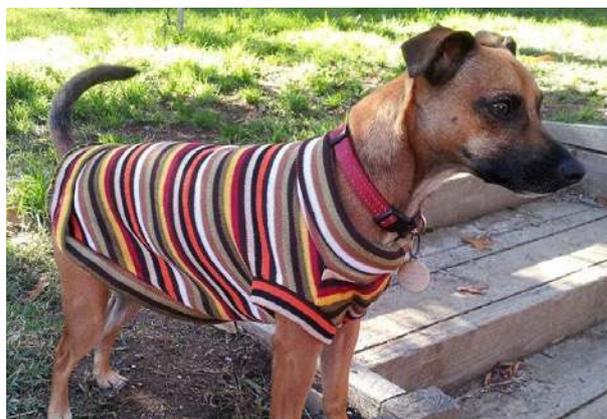


Image: Bidgee's a cool dude in his super stripes



Image: Crystal in her exclusive Argyle knitwear

EVENTS AND HAPPENINGS

CHARNY CARNY 21 MARCH

The annual Charny Carny was held on a lovely autumn day. This event is proving to be a popular day out and we raised slightly more than last year with sales at \$251.50 and donations \$22.00. Lots of interest in the board and questions about ARF. Thanks to everyone who helped out, Carol.



COLLECTOR PUMPKIN FESTIVAL—3 MAY

Thank you everyone for another successful stall at the Pumpkin Festival. I was a bit dubious about our new location but it all worked out well in the end. Good interest in the board with sales of \$466 and donations \$36.95 both up on last year's total (an overall profit of \$382.95). Also a big thank you to our wonderful doggie ambassadors: Xena (with Lisa), Leroy (with Julie) Nash (with Susan and Wendy), and ex-ARFer Bidgee (with Lucy). Thanks again Carol.



Flat out at Collector Pumpkin Festival



Xena looking for her new home



Leroy



Nash

GUNGAHLIN FAIR DAY

We shared our spot with Dogue Gungahlin; Canberra's first ever boutique and day spa for dogs, and the must see destination for all local fash-hounds, and a total experience in dog grooming, day care, and pet accessories. At DOGUE, dogs and their humans experience exceptional customer service as they shop together in style. Feeling like a dirty dog? Book in to the DOGUE Spa where pampered pooches receive one-on-one attention from superb canine stylists, who are there to make your dog look and feel fabulous. Or for a day of fun, DOGUE canines are invited to stay awhile at the luxurious and playful DOGUE Day Care. www.dogue.com.au



Chloe and Teddy at Gungahlin



Dogue Gungahlin and ARF

RSPCA MILLION PAWS WALK—17 MAY

What a glorious autumn day to be at the RSPCA Million Paws Walk on Sunday 17 May, and even better when the RSPCA ACT hit the jackpot and gained a place in the *Guinness Book of Records* for most dogs wearing bandanas at 764 dogs—beating the previous record of 364 held by Canada. More than 4,000 people and 2,500 dogs registered for the walk and ARF had a great presence next to Canberra Lost Pets Database. Stall photo by Lyn Boyer, other images sourced



LATEST ADOPTIONS

ARF has a variety of dogs currently in care from young pups often through to oldies. If you are interested in adopting an ARF dog please go to fosterdogs.org/available-dogs-gallery and contact the carer directly. If you would like to become a foster carer for ARF please contact info@fosterdogs.org.

We also work closely with other rescue groups and pounds in the Canberra region and NSW, so if you're after a particular breed/size or age of dog please complete a Dog Wanted form from our website and we may be able to assist you in your search.

PUPPIES



Annie

Born 14 March | Adopted 15 May



Leo

Born 14 March | Adopted 9 May



Maple

Born 14 March | Adopted 16 May



Clove

Born 14 March | Adopted 9 May

MORE PUPPIES!



Spud (10 – 12 weeks)

Rescued 14 April | Adopted 17 May



Peppa Pup (10 weeks)

Rescued 27 March | Adopted 11 April



Milo (4 months)

Rescued 21 Feb | Adopted 28 March



Tilly (5 months)

Rescued 27 March | Adopted 2 May



Zarbi (7 months)

Rescued 26 February | Adopted 8 April

GOLDEN OLDIES!



Basil (before and after grooming) Aged 10 – 12 years

Rescued 13 November 2014 | Adopted 20 March



Didy (Sir Didyimus) aged 8 years+

Rescued 8 March | Adopted 23 March



Diva aged 8 years

Rescued 25 February | Adopted 9 May



Leroy aged 10 years

Rescued 23 April | Adopted 13 May

NEWS FLASH!

Our ever popular annual ARF Trivia Night will be held on Saturday 26 September at the Canberra Labor Club, Belconnen, with Canberra's famous emcee and quizmaster extraordinaire, **Larry Appley from Radio 2CA.**

Great fun and fantastic prizes!

Check our Facebook page for more information and how to book!

See you there!

THANK YOU!

ARF would like to take this opportunity to thank all our vets, sponsors, members, volunteers and friends for all their support and assistance during the year.

A special thank-you goes to our wonderful team of temp testers who visit DAS and Queanbeyan Pounds every week, and the wonderful work of our carers and associates. Thanks also to those who organise and work behind the scenes on stalls, BBQs and events, and in the production of advertising and marketing materials, including Facebook and ChinWag.

